## **Breast Cancer Questions**

- 1. What are the most common types of breast cancer?
- 2. What is the most deadly type of breast cancer?
- 3. What are common symptoms associated with breast cancer?
- 4. Can a healthy diet decrease the risk of breast cancer?
- 5. Where are the first sites of metastasis?
- 6. Staging
- 7. What are common therapies and their risks
- 8. Radiation vs Excision vs Chemo
- 9. Chemo Regimens
- 10. Lumpectomy vs Mastectomy
- 11. Post Mastectomy Reconstructive Surgery
- 12. What is the recommended preventative care and appropriate therapy.
- 13. Risk Factors
- 14. What are associated cancer risks? (BRCA1/2)
- 15. How does stress impact the risk of cancer?
- 16. Should patients with family history get preventative mastectomies?
- 17. What is the preferred screening method for breast cancer? CT vs MRI vs
- 18. What is the most specific diagnostic test?
- 19. When are SERMs appropriate vs aromatase inhibitors?
- 20. What are signs and symptoms of a malignant vs benign mass?
- 21. How long is a typical chemo treatment?
- 22. How long is a typical radiation treatment?
- 23. How much does this increase the chance of lymphoma?
- 24. What can be done by the patient to prevent or lower recurrence of breast cancer post treatment/therapy?
- 25. In general what are some powerful cancer fighting food recommendations?
- 26. What populations or races are at higher risk of cancer?
- 27. What blood tests are useful with detection and monitoring breast cancer?
- 28. What risks do males have associated with breast cancer?
- 29. What circumstances should males undergo screening for breast cancer?
- 30. How does the process of sentinel node biopsy work?
- 31. How is lymph edema decreased and can the mastectomy sites still be used for IV access?
- 32. Can women with a breast cancer diagnoses in the past received HRT later in life?
- 33. What are new protocols for breast cancer treatment with moderate risk?